

# wellness nutrition™

## VITAMIN B-COMPLEX ENERGIZING FORMULA

There are 8 different B-vitamins that each play a vital role independently as well as in combination to support bodily functions and health. B-vitamins are essential in promoting enhanced physical and mental energy as well as a feeling of vitality. Wellness Nutrition™ Vitamin B-Complex Energizing Formula delivers a powerful and balanced blend of B-vitamins designed to support increased energy and proper metabolism, promote healthy skin and muscle tone, and to enhance immune functions and reduce the risks of many diseases. Many doctors and nutritionists suggest taking B-complex vitamins as a group for overall good health. B-Complex vitamins can also combat the symptoms and causes of stress, depression and cardiovascular disease.†

***B-Vitamins are water soluble and must be replenished daily to maintain critical functions in the body. That is why Wellness Nutrition™ Vitamin B-Complex Energizing Formula is an important addition to your daily supplement regimen.***

**The B-complex vitamins are a group of eight vitamins, which include:**

- Thiamine (B1) • Riboflavin (B2) • Niacin (B3) • Pantothenic acid (B5)
- Pyridoxine (B6) • Biotin (B7) • Folic Acid (B9) • Cyanocobalamin (B12)

**B-Complex vitamins are essential for:**

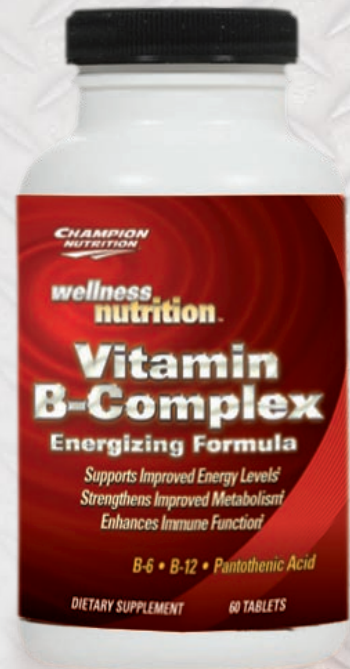
- The breakdown of carbohydrates into glucose (this provides energy for the body)†
- The breakdown of fats and proteins (which aids the normal functioning of the nervous system)†
- Muscle tone in the stomach and intestinal tract†
- Healthy Skin† • Healthy Hair† • Vision Support† • Oral Health† • Liver Function†

## **KEY FEATURES:**

**SUPPORTS IMPROVED ENERGY LEVELS**

**SUPPORTS INCREASED METABOLISM**

**ENHANCES IMMUNE FUNCTION**



60 Tablets



Train like a Champion™

## WELLNESS NUTRITION™ VITAMIN B-COMPLEX ENERGIZING FORMULA



<b>Supplement Facts</b>		
Serving Size 1 Tablet	Servings per Container 60	
	Amount Per Serving	%DV*
Thiamine (Vitamin B-1)	46 mg	3067%
Riboflavin (Vitamin B-2)	42 mg	2471%
Niacin (as Niacinamide)	42 mg	210%
Pyridoxine HCl (Vitamin B-6)	32 mg	1600%
Panthenic Acid (calcium pantothenate)	10 mg	100%
Choline	50 mg	*
PABA	50 mg	*
Inositol	20 mg	*
Folic Acid	200 mcg	50%
Biotin	100 mcg	*
Vitamin B-12 (cyanocobalamin)	10 mcg	167%

\*Daily Value not established.

**OTHER INGREDIENTS:** Dicalcium Phosphate, Hydrogenated Vegetable Oil, Croscarmellose Sodium, Magnesium Stearate, Silicon Dioxide.

**DIRECTIONS FOR USE:** Take 1 tablet daily with meal.

### PRODUCT SPECIFICATIONS

<b>PRODUCT DESCRIPTION</b>	WELLNESS NUTRITION™ VITAMIN B-COMPLEX ENERGIZING FORMULA	<b>PRODUCT CODE</b>	BZ60
<b>FORM</b>	TABLET	<b>ITEM UPC</b>	
<b>FLAVOR</b>	N/A	<b>CASE UPC</b>	
<b>SIZE</b>	60 ct	<b>CASE PACK</b>	12
<b>SERVING SIZE</b>	1	<b>LIST PRICE</b>	\$ 8.97
<b>SERVING PER CONTAINER</b>	60	<b>MSRP</b>	\$ 14.95

Prices subject to change without notice

(WNBV SS 0.1:0.1:03/09)